

MASSAGE TREATMENTS

Discover a new world, explore one of the best kept secrets in the Peruvian Amazon & be rejuvenated by nature itself.

Wellness Treatments

Rejuvenate by nature itself, we at Delfin Amazon Cruises believe everybody deserves to relax in the Amazon so we've made relaxation convenient. We offer flexible appointment times to fit the schedules of your trip in the convenience and privacy of your suite or in our spa. Please, see our Wellness Specialist or Cruise Director to make an appointment.

Reflexology

This art is the practice of applying pressure to the feet and legs utilizing specific thumb, finger and hand techniques based on a system of zones and reflex areas that reflect an image of the body on the feet with a premise that such work effects a physical change in the body. There are over 7,000 nerves in the feet, and stimulating these nerves can send messages of healing to those corresponding parts of the body. Be ready to have stuck energy unblocked and to harmonize energetic flow.

30 minutes - USD \$60.00



Delfin Amazon Ritual

Triple technique massage: Reflexology, Swedish massage & Stretching therapeutic massage. Here we will mix deep pressure together with the kneading technique. And with reflexology, Beyond the feel-good effects of the treatment, the practice and purpose go deeper than the skin and muscles by taking specific reflex points on the foot to induce a healing response in corresponding organs and areas of the body.

To have a full senses experience, let the rainstick at the end of your session make you feel even closer to the Amazon, and take your time to be fully awake.

30 minutes	50 minutes	80 minutes
USD \$70.00	USD \$120.00	USD \$180.00



Massage Attire: Bath robes are available in your suite. Our Wellness Specialist will always use draping techniques to respect your privacy while enjoying your treatment. If you wish to have it in the total privacy of your suite you may choose what is most comfortable for you. Please advise your Cruise Director in advance so he can make proper arrangements with your cabin steward.